

Resources for teens on love, sexuality and finding meaning in their lives.

Books:

[Goretti](#)

Samer Naoum

Goretti is the true-life story of Maria, an eleven year old girl who chose to die rather than be violated by a neighbor of her family. A must read for young people you want to see grow in the virtues of chastity and love.

[Pure Manhood](#)

Jason Evert

Every day young men are bombarded with messages and images that encourage sexual impurity. Pure Manhood will help them to see things in a new light and give them the spiritual tools they need to stay pure or to return to purity. This is a priceless gift for both the young men who read it and to their future families.

[How To Stay Catholic In College](#)

Christopher Kaczor

As you know, college is an exciting new chapter in your childrens lives. Its a time of new beginnings, first explorations, and novel experiences. But its also a turning point in their lives a time of vital decisions. How to Stay Catholic in College will remind your kids of the many challenges theyll face in college and gives them proven strategies for meeting those challenges, while growing closer to God and building a faithful and happy life.

[Pure Womanhood](#)

Crystalina Evert

Crystalina Evert restores a womans hope by her powerful testimony and blunt words of wisdom. She shows that real love is possible, regardless of the past. Great for Youth Groups, your daughters, and all the young women you come in contact with!

[Amor Puro](#)

Jason Evert

Este folleto es el resultado de las interacciones innumerables entre Jason Evert y los adolescentes durante sus seminarios de la castidad. Es el complemento ideal para clases en la sexualidad humana. Repleto de referencias bblicas, este folleto est en la conformidad completa con las enseanzas de la Iglesia Catlica.

[Pure Love](#)

Jason Evert

This booklet is the result of countless interactions between Jason Evert and teenagers during his seminars on chastity. It is the ideal complement to classes on human sexuality. Rich with scriptural reference, this booklet is in complete compliance with the teachings of the Catholic Church.

[Pure Faith: A Handbook of Prayer for Catholic Youth](#)

Jason Evert

This unique prayer guide is designed specifically for teenagers. It's packed with spiritual wisdom and advice from saints and holy men and women, as well as prayers for a variety of needs, circumstances, and individuals. With this guide in hand, your teen will know how to pray simply and effectively.

[If You Really Loved Me: 100 Questions On Dating, Relationships, And Sexual Purity](#)

Jason Evert

This book by popular Catholic Answers chastity speaker, Jason Evert, will give your teen children and grandchildren everything they need to make the right decision about their sexuality and to stay sexually pure until marriage. New revised and expanded edition.

[The Meaning Of Vocation](#)

Pope John Paul II

This book takes excerpts from talks and addresses of the Holy Father regarding the meaning of vocation, how a person ought to respond to God's calling, and how we ought to strive to carry it out successfully.

CD's:

[CD - Pure of Heart](#)

Jason Evert

If you or a loved one are struggling with an attachment or even an addiction to pornography, or if you want to protect your son or grandson from pornography's damaging effects on his psyche and his soul, then you need to listen to Jason Evert's new audio series.

[CD - Romance Without Regret - Catholic Version](#)

Jason and Crystalina Evert

Whether you are in a relationship, looking for love, or just trying to understand God's plan for properly using the gift of sexuality he has given to you, Romance Without Regret will hand you the tools you need in order to know the difference between love and lust.

[CD - Sex And The Modern Christian](#)

Christopher West

Delivered at Villanova University, this very popular talk by well known author Christopher West is a call to holy relationships rooted in the truth of God's love. He discusses the truth of life, sexuality and God's love.

DVD's:

[DVD - Hard Questions, Straight Answers About Sex & Relationships](#)

Jason Evert and Ellen Marie

In the confusing moral climate in which we live, this program provides young men and women with guidance that is clear and unambiguous and a time-tested pathway to a fulfilling life and future. Includes two segments: Jason Evert with the guys, and Ellen Marie with the girls.

[DVD - Parents of Teens: Here's What You Need To Know](#)

Ellen Marie and Jason Evert

Jason Evert and Ellen Marie provide invaluable and practical guidance for parents on how to help their children through the trying teen years. The program provides six practical steps to follow that will strengthen parent/teen relationships and help protect young people during the turbulent teen years.

[DVD - Teen Relationships and Sexual Pressure](#)

Jason Evert and Ellen Marie

Jason Evert and Ellen Marie share real-life stories from teens with whom they have dealt. By following God's design for sexuality, the teens realize they are developing healthy relationships and becoming fulfilled. This DVD helps teens understand why chastity is beneficial and gives them tools to live out this conviction.

Websites:

www.chastity.com

www.tobforteens.com

"When you decide firmly to lead a clean life, Chastity will not be a burden on you: It will be a crown of triumph."

~St. Josemaria Escriva